

NORTHERN VIRGINIA REGIONAL COMMISSION

Minutes of the Commission Meeting Held Thursday, December 14, 2006

COMMISSIONERS

(The names of those present are highlighted)

Commissioner Hilda M. Barg	<i>County of Prince William</i>
Commissioner Sharon Bulova	<i>County of Fairfax</i>
Commissioner Gerald E. Connolly, NVRC Vice Chairman	<i>County of Fairfax</i>
Commissioner W. S. Covington, III	<i>County of Prince William</i>
Commissioner Joan Cross	<i>City of Fairfax</i>
Commissioner Steve DeBenedittis	<i>Town of Purcellville</i>
Commissioner Joan DuBois	<i>County of Fairfax</i>
Commissioner Barbara A. Favola, NVRC Chairman	<i>County of Arlington</i>
Commissioner Penelope A. Gross	<i>County of Fairfax</i>
Commissioner Catherine Hudgins	<i>County of Fairfax</i>
Commissioner Robert W. Lazaro, Jr.	<i>Town of Purcellville</i>
Commissioner Harold Lippman	<i>City of Falls Church</i>
Commissioner Elaine N. McConnell	<i>County of Fairfax</i>
Commissioner Martin E. Nohe	<i>County of Prince William</i>
Commissioner Harry J. Parrish, II, NVRC Treasurer	<i>City of Manassas</i>
Commissioner Redella S. Pepper	<i>City of Alexandria</i>
Commissioner M. Jane Seeman	<i>Town of Vienna</i>
Commissioner Paul C. Smedberg	<i>City of Alexandria</i>
Commissioner Linda Smyth	<i>County of Fairfax</i>
Commissioner Stephen Snow	<i>County of Loudoun</i>
Commissioner J. Walter Tejada	<i>County of Arlington</i>
Commissioner William J. Treuting, Jr.	<i>City of Manassas Park</i>
Commissioner Bruce E. Tulloch	<i>County of Loudoun</i>
Commissioner Kristen C. Umstatt	<i>Town of Leesburg</i>
Commissioner Fred E. Yohey, Jr.	<i>Town of Dumfries</i>

STAFF PRESENT

G. Mark Gibb	<i>Executive Director</i>
Linda M. Tenney	<i>Deputy Director</i>
Linda Summerall	<i>Executive Secretary</i>
Barbara Gordon	<i>Communications Director</i>
Doug Pickford	<i>Director, Environmental and Heritage Resources</i>
David Schwengel	<i>Regional Emergency Services Planning Director.</i>
Michelle Simmons	<i>Director, Human Services</i>
Debbie Spiliotopoulos	<i>Sr. Environmental Planner</i>
James Van Zee	<i>Director, Regional Planning Services</i>

GUESTS PRESENT

George Barker	<i>Assistant Director, HSA of Northern Virginia</i>
Tom Geib	<i>Executive Director, Prince William Community Services Board</i>
Cindy Kemp	<i>Executive Director, Arlington Community Services Board</i>
Mike Gilmore	<i>Executive Director, Alexandria Community Services Board</i>
Sue Rowland	<i>SR Consulting, Inc.</i>
James Thur, MSW, MPH	<i>Executive Director, Fairfax-Falls Church Community Services Board</i>
Jane Woods	<i>Driftwood Consulting</i>

CALL TO ORDER Chairman Favola called the meeting to order at 7:35 p.m.

PLEDGE OF ALLEGIANCE The Pledge of Allegiance was recited by all present.

ROLL CALL The roll was called and all members present or absent were noted for the record.

Chairman Favola welcomed Commissioner Treuting, the newly appointed Commissioner for the City of Manassas Park.

APPROVAL OF

MINUTES Commissioner Bulova moved approval of the minutes of the October 26, 2006, meeting. The motion was seconded and carried, with Commissioners Lippman and Treuting abstaining.

PRESENTATION Regional Partnership/ Psychiatric Beds/ Next Steps

Chairman Favola welcomed the Executive Directors of four of the region's Community Services Boards and George Barker, Assistant Director of the Health Systems Agency of Northern Virginia.

Cindy Kemp Ms. Kemp informed the members that the Chief Administrative Officers have been briefed on these issues.

Tom Geib Today, virtually all new funds for mental health services come to the region rather than individual Community Services Boards (CSBs). Funding for regional programs now exceeds \$8 million, and the CSB Executive Directors and the Director of the Northern Virginia Mental Health Institute have been coordinating these projects.

Fairfax County serves as the fiscal agent for the partnership. The partnership is reviewing options for formalizing the regional management structure. The five CSBs in Northern Virginia utilize resources throughout the region and feel it is more a cost effective, consumer service system.

George Barker Mr. Barker explained that historically, the state provided hospital services while the CSBs provided non-hospital services. In addition to using the Northern Virginia Mental Health Institute, the Northern Virginia CSBs also use Eastern State Hospital and Western State Hospital.

Northern Virginia Mental Health Institute serves only adults aged 18-64; older adults with mental health issues must go to Eastern State.

James Thur Mr. Thur reviewed location, capacity and usage of psychiatric facilities used by Northern Virginians. He noted there has not been a recent loss of private sector beds. A shorter length of stay at Northern Virginia Mental Health Institute has resulted in a 40 percent increase in admissions in 2006. Northern Virginia's per capita use of state psychiatric beds is already well below statewide averages, most likely due to alternative community resources.

Mr. Thur noted there is a planned loss of more private sector beds in Northern Virginia, and changes in criteria for detention or commitment may increase the demand for Temporary Detention Order (TDO) beds. Inadequate Medicaid and TDO rates to cover expenses for inpatient treatment in private hospitals is driving down the number of psychiatric beds in private hospitals.

Mike Gilmore Mr. Gilmore reviewed the partnership's legislative priorities:
Support state budget amendments in FY 2008

- Additional MR/DD waiver slots and Medicaid market rate adjustment for Northern Virginia - \$1,765,000
- Geriatric System of Care Project in Northern Virginia - \$2,300,000
- Purchase of inpatient psychiatric treatment - \$2,780,000;

Obtain a fair share of state funds for Northern Virginia related to system transformation at Eastern State Hospital in FY 2008; and
Ensure increased access to forensic beds at Western State Hospital.

Chairman Favola thanked the presenters and noted that NVRC's legislative program advocates for Community Service Board needs.

CONSENT AGENDA Commissioner Connolly moved approval of the Consent Agenda, consisting of the items outlined below. The motion was seconded and carried unanimously

- A. Financial Reports for October 2006
- B. 2006 Accomplishments and Executive Director's 2007 Goals

**EXECUTIVE
DIRECTOR'S
REPORT**

Mr. Gibb's report, in printed PowerPoint format, was distributed. He reviewed highlights on:
Northern Virginia Regional Hazard Mitigation Plan
Low Impact Development
Cameron Run Watershed
Regional Water Supply Plan
2-1-1 Information & Referral Funding
Northern Virginia Metropolitan Medical Response System
"Keep Green" Holiday Ideas (a one-page flyer was also distributed)

**CHAIRMAN'S
REPORT**

Chairman Favola reported that staff has unearthed documents showing the formation of the Commission's predecessor agency on December 10, 1947. Commissioners Tulloch and Pepper have agreed to work on the Commission's 60th anniversary celebration.

**2007
LEGISLATIVE
PROGRAM**

Commissioner Connolly moved adoption of the Commission's 2007 Legislative Program and Resolution No. P07-11. The motion was seconded and carried unanimously.

Chairman Favola reminded the members that the Commission will hold a brief meeting in Richmond on February 1, VML/VACo Day.

Commissioner Tulloch requested that the Commission send a letter to the Governor urging restoration of funding for the Planning District Commissions. He also requested that each member government send letters supporting same to the Governor and their state representatives. The members concurred.

After discussion, it was agreed that the Commission will send a letter to the Governor supporting his one-time \$500 million for transportation, but also urging a dedicated funding source for transportation.

**COMMITTEE
REPORTS**

Communications

Commissioner Smedberg reported that improvements continue to be made to the NVRC website. He then moved Resolution No. P07-12, Method of Procurement for Website Redesign Services, and the motion was seconded and carried unanimously.

Commissioner Smedberg reviewed numerous press releases NVRC has issued over the past six weeks and reported that Commissioner Connolly will be interviewed by NewsChannel 8 regarding the Commission's 2007 Legislative Program.

Operations

Chairman Favola reported the Operations Committee developed goals and objectives for the Executive Director for 2007, adopted under the Consent Agenda. Commissioner Gross added that the Executive Director's new three-year employment contract contains a timeline for his annual review.

OTHER BUSINESS

Mr. Gibb called attention to the agenda for the Virginia Association of Planning District Commission's (VAPDC) Winter Conference.

Commissioner Tulloch added that the rural PDCs are writing to the Governor supporting restoration of funds for the three urban Planning District Commissions.

ADJOURNMENT There being no further business, Chairman Favola adjourned the meeting at 9:06 p.m.

Respectfully submitted:

G. Mark Gibb
Executive Director

Approved by:

Barbara A. Favola
Chairman